

## Table of Contents

INTRODUCTION .....	17
FOREWARD.....	17
SOURCES .....	17
THE EXPERIENTIAL APPROACH.....	18
OUR ERA.....	18
HELLENIC WORSHIP - HELLENIC RELIGIOUS TRADITION .....	20
THE SACRED RITES.....	21
INTRODUCTION TO HOUSEHOLD WORSHIP .....	23
THE PRINCIPLE GODS .....	24
HESTIA.....	24
ZEUS KTESIOS .....	26
ZEUS ĘRKEIOS.....	28
ON THE BOUNDARIES: HERMES, HEKATE AND APOLLON AGYIEUS.....	29
FAMILY AND ANCESTRAL WORSHIP.....	30
THE MAIN HOUSHOLD RITES.....	30
THE FOUNDING OF AN OIKOS: MARRIAGE.....	31
THE CONTINUATION OF THE OIKOS: BIRTH.....	31
LOSS IN THE OIKOS: DEATH .....	33
ON THE HOUSEHOLD ALTAR .....	35
THE ALTAR .....	35
THE HEARTH AND THE FIRE.....	37
RITUAL ITEMS .....	39
THE HEARTH FIRE .....	39
CLEANSING (KHERNIPS).....	40
THE INCENSE .....	40
LIBATIONS.....	40
STORAGE .....	40
OFFERINGS .....	41
ON LIBATIONS AND KHOĔS .....	43
LIBATIONS.....	43

KHOËS.....	45
LIBATIONS FOR OATHS.....	46
ON OFFERINGS AND TOKENS.....	47
ATHENA .....	48
APOLLON .....	49
ARES .....	50
ARTEMIS.....	51
ASKLEPIOS .....	52
APHRODITE.....	53
DEMETRA .....	54
DIONYSOS.....	55
ZEUS .....	56
HEKATE .....	57
HERMES.....	58
HESTIA .....	59
HERA.....	60
HERACLES .....	61
HEPHAISTOS .....	62
PAN.....	63
ON PRAYERS AND HYMNS .....	67
PRAYER .....	67
DEVOTIONAL HYMNS .....	68
THE POSTURE OF ADORATION .....	70
PURIFICATION .....	73
INTRODUCTION .....	73
MIASMA .....	74
PURIFICATION.....	74
PURIFICATORY GODS .....	75
PHYSICAL CLEANSING ELEMENTS.....	75
PERSONAL PREPARATION .....	76
EXAMPLES OF PURIFICATORY TOOLS AND CLEANSING PRACTICES.....	76
HISTORICAL AND MYTHICAL EXAMPLES OF PURIFICATION PROCEDURES .....	77
HELLENIC HOLY DAYS .....	81
THE CALENDAR.....	81
LUNAR MONTHS.....	83

HOLY DAYS .....	84
HOME WORSHIP: THE FIRST NECESSARY STEP .....	89
ON CEREMONIES .....	91
THE ACT OF WORSHIP .....	92
HYMNS AND PRAYERS .....	92
PURIFICATION CEREMONY .....	95
CEREMONY FOR INVITING LUCK AND THE GOODWILL OF THE GODS INTO YOUR LIFE.....	99
THE NOUMENIA CEREMONY .....	103
A CEREMONY FOR THE SACRED DAYS - AGATHODAIMON.....	109
CEREMONY OF HELIODITES .....	113
FULL MOON CEREMONY .....	119
THE CEREMONY OF TRIAKAS .....	123
A CEREMONY TO ASSIST WITH HEALTH.....	127
THE CEREMONY OF NAMEGIVING - AMPHIDROMIA.....	131
WEDDING CEREMONY.....	137
BURIAL AND FUNERARY RITES.....	145
PREPARATION .....	146
LYING IN REPOSE .....	147
THE BURIAL CEREMONY.....	148
TRITA .....	152
ENATA .....	153
TRIAKAS.....	154
THE TOMB .....	155
ENIAUSIA .....	156
EPILOGUE.....	157